

# Treatment For Am- blyopia

The doctor has recommended this exercise for the patient because his/her prescription for glasses is very high. This exercise will make the eye(s) that are not being patched force themselves to see better allowing them to gain more strength and help improve the patient's vision. This exercise may be done while the patient is doing any type of activity for example while the patient eats, does homework, watches television, plays and etc.

## Instructions For Patching Eyes

The patient's **left eye / right eye** must be patched everyday for 2 hours for the next \_\_\_\_\_ months.

The patient's **both eyes** must be patched everyday for 2 hours for the next \_\_\_\_\_ months. Must patch alternate eyes every day. Example: Monday: Patch Left Eye Tuesday: Patch Right Eye.



**Nexcare**  
Opticlude  
Orthoptic  
Eye Patch

